



Jérémie Rumeil, Pastry Chef, La Fabrique Givrée.

50% fruit

Water	3 000 g
Coarse sugar (1)	200 g
Stabilizer	65 g
Sucre cristal (2)	1650 g
80°B confectioner's glucose syrup	1850 g
Invert sugar	500 g

70% fruit

Water	700 g
Coarse sugar (1)	300 g
Stabilizer	85 g
Coarse sugar (2)	1850 g
80°B confectioner's glucose syrup	1850 g
Invert sugar	500 g

Sorbets

Method for preparing the syrup (75 - 76 Brix): heat the water. Add the sugar (2) and stabilizer at 40°C. Add the sugar (1), glucose and invert sugar once the mixture has reached 80°C, then bring to the boil.

Once the syrup base is ready, add the remaining ingredients and churn. Do not leave the syrup in the fridge as it will become too thick to mix successfully with the other ingredients.

Ice creams

Milk	220 g
Sugar (1)	265 g
Invert sugar	110 g
Egg yolks	235 g
Sugar (2)	65 g
Stabilizer	7 g
Cream 35%	220 g

Method: heat the milk to 40°C then add the sugar (1) and stabilizer. At 80°C add the egg yolks blanched with the sugar (2) and the trimoline. Cook to 83°C then transfer to another recipient and add the required quantity of cold cream (35% fat). Once you have your basic mixture, add the remaining ingredients and leave to rest for 12-24h at 4°C before churning.

	SUGAR	BRIX	FRUIT PURÉE	SORBETS 50% FRUIT			SORBETS 70% FRUIT			ICE CREAMS				
				BASE	WATER	BRIX	FRUIT PURÉE	BASE	WATER	BRIX	FRUIT PURÉE	BASE	MILK	SUGAR
Blackcurrant	0%	17,0	1000	870	130	31,0	1000	360	68	31,0	1000	3250	1637	563
Blackcurrant Noir de Bourgogne	0%	22,0	1 000	890	110	31,0	1000	373	55	31,0	1000	3250	1627	573
Strawberry	10%	17,0	1000	812	188	30,0	1000	328	100	30,0	1000	1630	445	155
Fraise Senga	0%	8,0	1000	986	14	29,5	1000	422	6	28,0	1000	1630	346	154
Strawberry Senga	0%	10,0	1000	967	33	30,0	1000	424	4	29,5	1000	1630	366	234
Wild strawberry & Mara des bois strawberry	0%	10,0	1000	967	33	30,0	1000	424	4	29,5	1000	1630	366	234
Raspberry	0%	10,0	1000	967	33	30,0	1000	424	4	29,5	1000	1630	334	266
Fruits rouges	0%	11,0	1000	986	14	31,0	1000	420	8	30,0	1000	1630	376	224
Red sour cherry	0%	18,0	1000	851	149	31,0	1000	347	82	31,0	1000	1630	414	186
Redcurrant	0%	11,0	1 000	986	14	31,0	1000	420	8	30,0	1000	3250	1577	623
Blackberry	0%	11,0	1000	948	52	30,0	1000	420	8	30,0	1000	1630	376	224
Blueberry	0%	11,0	1000	948	52	30,0	1000	420	8	30,0	1000	1630	376	224
Apricot	0%	12,0	1000	967	33	31,0	1000	426	2	31,0	1000	1630	354	246
Sea buckthorn	0%	6,0	1000	1110	0	33,0	1000	515	0	31,5	1000	1626	314	286
Coing	0%	15,0	1000	870	130	30,0	1000	368	61	30,0	1000	1628	416	184
Fig from Provence	0%	22,0	1000	735	265	30,0	1000	275	153	30,0	1000	1630	454	147
Kiwi	0%	15,0	1000	909	101	33,0	1000	387	42	33,0	1000	1125	212	162
Melon	0%	10,0	1000	967	33	30,0	1000	424	4	29,5	1000	1624	334	267
Mint	0%	14,0	1000	938	62	31,0	1000	406	22	31,0	1000	1625	367	232
Mirabelle plum	0%	22,0	1000	822	178	30,0	1000	334	95	30,0	1000	1626	441	159
White peach	0%	10,0	1000	928	72	30,0	1000	424	4	29,5	1000	1090	51	18
Ruby peach	0%	12,0	1000	928	72	30,0	1000	407	21	30,0	1000	1145	2	113
Yellow peach	0%	11,0	1000	948	52	30,0	1000	420	8	30,0	1000	1145	2	125
Williams pear	0%	14,0	1000	890	110	30,0	1000	381	38	30,0	1000	1628	374	327
Granny Smith apple	0%	12,0	1000	928	72	30,0	1000	426	2	31,0	1000	1620	354	246
Green rhubarb	0%	5,0	1000	986	14	31,0	1000	424	4	26,0	1000	1630	316	284

	SUGAR	BRIX	FRUIT PURÉE	SORBETS 50% FRUIT			FRUIT PURÉE	SORBETS 70% FRUIT			FRUIT PURÉE	ICE CREAMS		
				BASE	WATER	BRIX		BASE	WATER	BRIX		BASE	MILK	SUGAR
Pineapple	0%	13,0	1000	909	91	30,0	1000	394	34	30,0	1626	396	204	115
Banana	0%	22,0	1000	774	226	30,0	1000	302	127	30,0	1626	466	134	55
Soursop	0%	14,0	1000	909	91	30,0	1000	394	34	30,0	1626	396	204	115
Prickly Pear	0%	12,0	1000	935	75	30,0	1000	410	20	30,0	1000	1635	475	130
Passion fruit	0%	13,0	1000*	1757	577	31,0	1000*	1199	1134	31,0	1000	3252	1592	608
Exotic fruits	0%	15,0	1000	919	81	30,0	1000	401	28	30,0	1000	1626	359	241
Ginger	0%	3,0	1500**	1475	30		1500**	969	36		1500***	2447	491	412
Pink guava	0%	8,0	1000	986	14	28,0	1000	422	6	29,5	1000	1626	346	254
Lychee	0%	14,0	1000	909	91	30,0	1000	394	34	30,0	1000	1086	0	68
Mango	0%	18,0	1000	793	207	30,0	1000	315	114	30,0	1000	1630	455	145
Coconut	0%	8,5	1000	996	4	30,0	1000	416	13	28,0	1000	1630	319	282
Bergamot	0%	9,0	1000*	2224	776	31,0	1000*	1545	1455	31,0	1000	3615	1830	735
Calamansi	0%	10,0	1000*	2224	776	31,0	1000*	1545	1455	31,0	1000	3615	1830	735
Lemon	0%	8,0	1000*	2263	737	31,0	1000*	1545	1455	31,0	1000	3615	1810	745
Lemon Crushed	0%	8,0	1000*	2263	737	31,0	1000*	1545	1455	31,0	1000	3615	1810	745
Lime	0%	9,0	1000*	2263	737	31,0	1000*	1545	1455	31,0	1000	3615	1810	745
Kumquat	0%	15,0	1000	919	81	34,5	1000	393	35	34,5	1000	1626	379	221
Mandarin	0%	11,0	1000	966	14	30,5	1000	415	14	30,5	1000	1810	470	310
Orange	0%	11,0	1000	996	4	31,0	1000	427	1	31,0	1000	1210	21	170
Blood orange	0%	12,0	1000	986	14	31,0	1000	421	8	31,0	1000	1210	25	160
Grapefruit	0%	10,0	1000	986	14	30,5	1000	415	14	30,5	1000	1810	470	310
Sudachi	0%	8,0	1000	2243	757		1000	1530	1468		1000	3610	1820	735
Yuзу	0%	9,0	1000*	2243	757	31,0	1000*	1530	1468	31,0	1000	3610	1820	735
Raspberry Mecker, France	0%	10,0	1000	967	33	30,0	1000	424	4	29,5	1000	1630	344	266
Passion fruit	0%	13,0	1000*	1757	577	31,0	1000*	1199	1134	31,0	1000	3250	1700	505
Abriconilla Fleur de Sel	10%	22,0	1000	754	246	32,0	1000	281	148	32,0	1000	1371	400	85
Banalime Ginger	0%	17,0	1000	803	197		1000	322	107		1000	1626	600	0
Berriollette	10%	20,0	1000	966	14	31,0	1000	421	8	31,0	1000	1626	429	171
Cherrymome	10%	27,0	1000	696	304	33,5	1000	241	187	32,5	1000	1200	150	150
Espel'peach	0%	10,0	1000	870	130	30,0	1000	375	53	29,5	1000	1628	364	267
Exotic Ginger	0%	16,0	1000	890	110		1000	373	55		1000	1626	600	0
Hibis'pear	0%	16,0	1000	851	149		1000	354	74		1000	1628	394	201
Lucosis	0%	12,0	1000	928	72	30	1000	407	21	30	1000	1628	354	247
Lych'Y Pink	10%	22,0	1000	735	265	30,0	1000	275	153	30,0	1000	1630	490	115
Cara'Tatin	13,3%	31,0	1000	290	210	30,0	1000	143	285	30,0	1000	1626	554	46
Red Fennel	10%	16,0	1000	754	246	30,0	1000	367	62	33,5	1000	889	189	144
White almond	0%	74,0									1000	1200	2125	0
Roasted hazelnut	0%	72,0									1000	1500	2125	0
Green pistachio	0%	74,0									1000	1500	2125	0